



## Research

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### ***What is Primary Care Research?***

The Clinical Research Network (CRN) Primary Care speciality works in collaboration with researchers and primary care practitioners such as GP's, practice nurses, pharmacists and dentists to promote the successful delivery of research studies in the NHS. A wide range of research studies are supported which look at:

- Promoting a healthier lifestyle
- Disease diagnosis and prevention
- Management of long-term illnesses such as diabetes or hypertension
- Prevention of future ill-health
- Treating common conditions such as tonsillitis or influenza

### *What are the Benefits of GP practices taking part in Research?*

- It offers patients access to new treatments
- It brings new dimension to practice and added skills to those involved
- It provides national gold standard training for research
- It offers mentorship and support to those involved in research within practice

### *How can you help and take part?*

There are many various ways a patient can become involved in studies:

- A doctor or nurse may talk to you about a particular study and ask whether you would be interested in participating
- You may be sent information through the post if we feel you may be a suitable participant
- You may read information about a current study in the patient waiting room or on the surgery website and wish to take part by contacting your GP
- *Please note: the funding for our research activity is via the CRN so does not come out of the practice's own budget and therefore does not affect our patients' services*

All clinical research carried out is thoroughly checked and approved by ethical committees thus ensuring it is appropriate and safe to perform

Your participation is entirely voluntary and can be withdrawn by yourself at any time without any explanation required.

**You are under no obligation to participate in any research project.**



**Your care and your relationship with your doctor or nurse will not be affected in any way if you decided not to take part in a research study**

**You will always receive clear information about what taking part in a research study would involve. You will have the opportunity to ask questions and obtain further details about a study.**

If you do agree to take part in a study you will be asked to sign a consent form. This will clearly state which parts of your notes (if any) may be looked at for the purposes of the research study. Nobody from outside this practice will be given your contact details or have access to your medical records without your prior consent.

The research lead for all practices: Dr A A Khan

Current research studies the alliances have been involved in include:

- HEPFREE
- TUDOR
- PSORIASIS
- STILTS2
- LIFESTYLE HEALTH & WELLBEING STUDY
- RADICALISATION AND GENERAL PRACTICE

If you have any queries about research at the practice please contact the surgery directly.

To find out more about the work of the NIHR Clinical Research Network go to [www.crn.nihr.ac.uk](http://www.crn.nihr.ac.uk)